



THE
BEDFORD

LUNCH MENU

LUNCH

6OZ IRISH BEEF BURGER
IRISH BEEF BURGER, BRIOCHE BUN, HOMEMADE RELISH, SMOKED STREAKY BACON, CHEDDAR, MAYO & ONION. SERVED WITH FRIES 1,3,7,12 €15.90

BUTTERMILK CHICKEN BURGER
BUTTERMILK CHICKEN BREAST, BRIOCHE BUN, HOMEMADE RELISH, MAYO & ONION. SERVED WITH FRIES 1,3,7,12 €15.90

THE SANDWICH CORNER

SERVED ON OUR HOMEMADE STONEBAKED BREAD
ADD FRIES/CUP OF SOUP €3

THE LIMERICK HAM & CHEESE
LIMERICK HONEY GLAZED HAM, SMOKED CHEDDAR WITH HOMEMADE RELISH & MAYO 1,3,7,12 €10.00

THE BEDFORD BLT
SMOKED STREAKY BACON, LEAVES, TOMATO & MAYO 1,3,7,12 €10.00

VEGETARIAN
TOMATO, MOZZARELLA, ROCKET, PESTO & MAYO 1,3,7,8,12 €10.00

CAJUN CHICKEN
CAJUN CHICKEN WITH BELL PEPPERS, TOSSED IN OUR HOMEMADE CAJUN SAUCE 1,3,12 €10.00

CHICKEN CAESAR WRAP
FRESHLY GRILLED CHICKEN BREAST, SMOKED STREAKY BACON, LEAVES TOSSED IN OUR HOMEMADE CAESAR DRESSING 1,3,4,7,12 €10.95

CROISSANT MELT
CROISSANT, SMOKED CHEDDAR & STREAKY BACON SERVED WITH ROCKET 1,3,7,12 €8.50

ALL DAY BRUNCH

POACHED EGGS & BACON
POACHED EGGS, SMOKED STREAKY BACON, SERVED WITH SOURDOUGH 1,3,7,12 €9.90

POACHED EGGS & AVOCADO
SOURDOUGH TOPPED WITH HOMEMADE GUACAMOLE, POACHED EGGS, FETA & CHILLI FLAKES (VEGAN OPT. AVAILABLE) 1,3,7,12 €11.50

AMERICAN STYLE PANCAKES

HOMEMADE BUTTERMILK PANCAKES – CHOICE OF TOPPINGS:

MAPLE SYRUP 1,3,7 €9.90
SMOKED STREAKY BACON & MAPLE SYRUP 1,3,7 €12.90
SEASONAL FRUIT & MAPLE SYRUP 1,3,7 €12.50
NUTELLA, BANANA & CREAM 1,3,6,7,8 €13.50

BELGIAN WAFFLES

BELGIAN WAFFLES – CHOICE OF TOPPINGS:

MAPLE SYRUP 1,3,6,7 €10.90
SMOKED STREAKY BACON & MAPLE SYRUP 1,3,6,7 €13.90
SEASONAL FRUIT & MAPLE SYRUP 1,3,6,7 €13.50

SUNRISE BOWL

MANGO BOWL WITH HONEY INFUSED NATURAL YOGHURT, COCONUT, TOASTED ALMONDS, HOMEMADE GRANOLA & BLUEBERRIES 1,6,7,8,11,12 €10.95

AÇAÍ BERRY BLISS BOWL

STRAWBERRY & BANANA AÇAÍ BOWL, FRESH BERRIES, COCONUT, GRANOLA & NUTELLA 1,6,8,11,12 €10.95

AÇAÍ POWER BOWL

STRAWBERRY & BANANA AÇAÍ BOWL, PEANUT BUTTER, BANANA, GRANOLA & CHIA SEEDS 1,5,6,8,11,12 €10.95

ALLERGENS CODE:

1. GLUTEN 2. CRUSTACEANS 3. EGGS 4. FISH 5. PEANUTS 6. SOYBEANS 7. MILK 8. NUTS
9. CELERY 10. MUSTARD 11. SESAME SEEDS 12. SULPHUR 13. LUPIN 14. MOLLUSCS

SALADS

CHICKEN CAESAR SALAD
GRILLED CHICKEN BREAST, SMOKED STREAKY BACON, LEAVES, PARMESAN TOSSED IN OUR HOMEMADE CAESAR DRESSING, SERVED WITH SOURDOUGH 1,3,4,7,12 €13.90

GRILLED HALLOUMI SALAD
GRILLED HALLOUMI, MIXED LEAVES, TOASTED ALMONDS, CHERRY TOMATO, PESTO DRESSING & BALSAMIC REDUCTION, SERVED WITH SOURDOUGH 1,7,8,12 €14.90

FALAFEL & FETA SALAD
FALAFEL, FETA CHEESE, LEAVES, CUCUMBER, PEPPERS, ONIONS & TOMATO WITH A HERBY AVOCADO DRESSING, SERVED WITH SOURDOUGH 1,3,7 €13.90

PIZZAS

OUR BEDFORD 10" PIZZAS, BAKED WITH AN AROMATIC OLIVE OIL

MARGHERITA
HOMEMADE TOMATO SAUCE, MOZZARELLA, FRESH BASIL 1,7 €10.00

PROSCIUTTO E FUNGHI
HOMEMADE TOMATO SAUCE, MOZZARELLA, LIMERICK BAKED HAM & MUSHROOMS 1,7,12 €13.00

POLLO E PANCETTA
HOMEMADE TOMATO SAUCE, MOZZARELLA, MARINATED CHICKEN & BACON 1,7,12 €14.00

DIAVOLA
HOMEMADE TOMATO SAUCE, CHORIZO, MOZZARELLA, ONION & CHILLI FLAKES 1,6,7,12 €14.00

ADD ONS:

CUP OF SOUP 1,7,9 €4.00
GRILLED CHICKEN 1,2 €5.00
HALLOUMI 7 €5.00
SIDE SALAD 1,2 €4.00
FRENCH FRIES €4.00
SMOKED STREAKY BACON €4.00
NO ADDED GLUTEN BREAD 6 €2.00

MAKE YOUR
BRUNCH/LUNCH
BOTTOMLESS
SEE DRINKS MENU FOR MORE DETAILS



@THEBEDFORDRESTAURANT



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