





Poached Croom free range eggs, homemade sourdough, hollandaise sauce. Choice of: The Bedford local honey 12.5 glazed ham (1,3,7,1 0,12) The Burren Smokehouse organic 14 smoked salmon (1.3.4.7.12) Eggs Florentine (1,3,7,12) 11.50 Poached Croom free range eggs, homemade sourdough, sautéed spinach, hollandaise sauce Add The Burren Smokehouse 5 organic smoked salmon (1,3,4,7,12) Add Prosciutto Crudo (1,3,7,12) 5 Eggs & Avocado (1,3,7,12) 11.5

Toasted homemade sourdough bread, Croom free range eggs, guacamole, Greek feta with chilli flakes. (vegan option available)

Eggs & Bacon (1,3,7,12)

Eggs Benedict

Croom free range eggs (poached/fried/scrambled), Seamus Butlers smoked streaky bacon served on toasted homemade sourdough bread

Allergens code 1.Gluten 2.Crustaceans 3.Eggs 4.Fish 5.Peanuts 6.Soybeans 7.Milk 8.Nuts 9.Celery 10.Mustard 11.Sesame Seeds 12.Sulphur 13.Lupin 14.Molluscs

If you have a diagnosed food allergy please notify a member of staff.



American Style Pancakes

Homemade buttermilk pancakes, choice of topping:

| Organic maple syrup (1,3,7,12) | 9.9 |
|--|------|
| Smoked Irish streaky bacon and | |
| maple syrup (1,3,7,12) | 12.9 |
| Seasonal fruit and maple syrup (1,3,7,12) | 12.5 |
| Nutella, bananas and cream (1,3,7,8,12) | 13.5 |
| | |

French Toast (1,3,7,12)

Fluffy brioche bread, choice of topping:

| Organic maple syrup (1,3,7,12) | 10.9 |
|--|------|
| Smoked Irish streaky bacon and | 13.9 |
| maple syrup (1,3,7,12) | |
| Seasonal fruit and maple syrup (1,3,7,12) | 13.5 |

Croissant Melt (1,3,7,12)

Toasted croissant, smoked Limerick cheddar and Seamus Butler's streaky bacon served with rocket salad and balsamic reduction

Add Ons

9.9

Seamus Butler's smoked streaky bacon (12) 4.00 | Rigney's handmade Sausage 4.00 (1,12) | Guacamole 4.00 | Burren Smokehouse organic smoked salmon (4) 5.00 | Prosciutto Crudo 5.00 (12) | Mushrooms 3.00 (7) | Seasonal Fruit 3.00 | Nutella 2.00 (8) | No added gluten bread 2.00 (11,6)





8.5

The Bedford Limerick Breakfast (1,3,12,7) 14.9

Our signature breakfast, Rigney's free range sausage, Seamus Butler's smoked streaky bacon, Croom free range eggs, white and black pudding, gourmet mushrooms, homemade tomato relish, toasted homemade sourdough bread. Including Tea/Coffee

The Bedford Vegetarian Breakfast (1,3,12,7) 13.5

Croom free range eggs, gourmet mushrooms, sautéed spinach, grilled tomato, guacamole, homemade tomato relish, toasted homemade sourdough bread. Including Tea/Coffee

Irish Porridge (1,7,8,12)

Slow cooked jumbo Irish oat flakes, honey, seasonal fruit and walnuts

The Bedford Granola (1,7,8,11)

7.9

6.9

Honey roasted oat flakes, dried fruits, nuts and seeds, Irish yoghurt and honey

Selection of Freshly Baked Pastries

Did you know Limerick is one of Ireland's oldest cities, with a Charter of Incorporation dating back to 1197



