

THE BEDFORD

BREAKFAST / BRUNCH

Eggs Benedict*

Poached Croom free range eggs, homemade bread, hollandaise sauce, choice of:

- The Bedford local honey glazed ham (1.3,7,10,12) 12.50
- The Burren Smokehouse organic smoked salmon (1.3,4,7,12) 13.50

The Bedford Limerick Breakfast (1.3,12) 14.50

Our signature breakfast, Rigney's Free Range sausage and black pudding, Seamus Butler's smoked streaky bacon, fried Croom free range egg, homemade tomato relish, toasted homemade bread

American Style Pancakes

Homemade buttermilk pancakes, choice of topping:

- Organic maple syrup (1.3,7) 7.95
- Smoked Irish streaky bacon (1.3,7,12) 11.95
- Seasonal fruit coulis (1.3,7) 10.50
- Nutella, bananas and mascarpone (1.3,7,8) 11.50

Croissant Melt (1.3,7,12) 7.95

Warm croissant, smoked Limerick cheddar and Seamus Butler's smoked streaky bacon

Eggs & Bacon* (1.3,7,12) 9.95

Croom free range eggs (poached/fried/scrambled), Seamus Butlers smoked streaky bacon and toasted homemade bread

Eggs & Avocado* (1.3,7) 10.95

Toasted homemade bread, Croom free range eggs, guacamole, Greek feta (vegan option available)

Irish Porridge (1.7) 6.95

Slow cooked jumbo Irish oat flakes, Croom honey, seasonal fruit compote

The Bedford Granola (7,8,11) 7.95

Roasted Gluten free oat flakes, dried fruits, nuts and seeds, Clonakilty yoghurt and Croom honey

BRUNCH ADD ONS

- Seamus Butler's smoked streaky bacon 4.00
- Guacamole 4.00
- Burren Smokehouse organic smoked salmon (7) 4.50
- Mushrooms 3.00
- No added gluten bread 2.00

LUNCH

6oz Irish Beef Burger (1.3,7,10,12) 15.95

Seamus Butler's 100% Irish Beef Burger, The Bedford homemade brioche bun and tomato relish, smoked streaky Irish bacon, cheese, mayonnaise, onion, tomato & lettuce. Served with fries.

Buttermilk Chicken Burger (1.3,7) 14.95

Buttermilk marinated chicken breast, The Bedford homemade brioche bun, house sauce, onion, tomato & lettuce. Served with fries.

Fresh Homemade Soup of the Day 6.95

Served with our homemade bread. Please ask your server for details and allergens

Limerick Ham & Cheese Panini* (1.3,7,10,12) 12.95

Our own stone baked bread, The Bedford local honey glazed ham and smoked Limerick cheddar with homemade relish and mayonnaise. Served with fries.

Vegetarian Panini* (1.7,8) 12.95

Our own stone baked bread, tomatoes, mozzarella, rocket and homemade pesto. Served with fries.

Plant based Panini (vegan friendly) (1.8) 12.95

Our own stone baked bread, tomatoes, grilled vegetables, rocket and homemade pesto. Served with side salad.

SALADS

Chicken Caesar Salad (1.3,4,7,10) 13.95

Seamus Butler's chicken breast, smoked streaky Irish bacon, cos lettuce, shaved parmesan, croutons, and homemade caesar dressing

Grilled Haloumi & Vegetable Salad (7,8) 12.95

With rocket, toasted almonds and homemade pesto dressing

PASTA FRESCA

Our fresh cut pasta is handmade by our Head Chef and is based on traditional Italian recipes infused with locally sourced ingredients for our sauces

Choose your sauce:

- Traditional tomato sauce and mozzarella and basil (1.3,7,9) 12.95
- Creamy crozier with chicken and walnuts (1.3,7,8) 14.95
- Ballyhoura mushrooms, Cratloe sheep cheese in a creamy sauce OR olive oil (1.3,7,12) 15.50

THE BEDFORD PIZZA

Fresh 10" thin crust pizza base baked with an aromatic olive oil

Marinara (vegan friendly) (1) 10.95

Tomato sauce, garlic, olive oil, parsley

Margherita (1.7) 11.95

Mozzarella, tomato sauce, fresh basil

Prosciutto e Funghi (1.7,10) 13.95

Mozzarella, tomato sauce, Limerick baked ham, mushrooms

Diavola (1.7) 14.95

Mozzarella, tomato sauce, local spicy chorizo, red onion & chilli

LUNCH ADD ONS

- Cup of soup 4.00
- Side Salad 4.00
- French Fries 4.00
- Smoked Streaky Bacon 4.00
- No Added Gluten Bread 2.00

Specialty Coffee & Hot Chocolate

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| Americano (1) | 3.20 | Hot Chocolate (1,6) | 4.00 |
| Latte (1) | 3.70 | Mocha (1,6) | 4.00 |
| Cappuccino (1) | 3.70 | Milk alternatives available | 0.70 |
| Flat White (1) | 3.50 | Espresso | 3.20 |
| Flavour shots - Hazelnut (8,12), Vanilla (12), Caramel (12) | | | 0.70 |

Teas

- Barry's Tea 3.20
- Cahill's Herbal Teas 3.50
- Green / Earl Grey / Mint / Chamomile

Freshly made scones and pastries available each day - please ask your server (1.3,7,8) 4.00

DRINKS

- Bottled Water 3.00
- San Pellegrino 3.20
- Coke/Diet Coke/Coke Zero 3.00
- Glass of fresh Orange Juice 3.20

Allergens code:

- 1.Gluten 2.Crustaceans 3.Eggs 4.Fish 5.Peanuts 6.Soybeans
7.Milk 8.Nuts 9.Celery 10.Mustard 11.Sesame Seeds
12.Sulphur 13.Lupin 14.Molluscs

If you have a diagnosed food allergy please notify a member of staff

*No added gluten option available €2 supplement



OPENING TIMES

Mon-Fri: Brunch 8.00 - 12.30 | Lunch 1.00 - 16.00 | Weekend: Brunch 8.00 - 12.30 | Lunch 1.00 - 16.00